

VENERATION OF THE HOLY CROSS – THIRD SUNDAY OF LENT

GEORGE THE NEWLY REVEALED GODBEARER & WONDERWORKER

VENERABLE SOPHRONIOS PATRIARCH OF JERUSALEM & THEODORA THE EMPRESS

HIEROMARTYR PIONIOS OF SMYRNA; MARTYRS: TROFIMOS, THALLOS & EPIMAHOS OF CONSTANTINOPLE

Sunday, March 11, 2018

Sermon: It IS My Cross to Bear

Orthros

Tone: Seven

Seventh Eothinon: John 20:1-20

Divine Liturgy

Epistle: Hebrews 4:14-18; 5:1-6 (pg. 140)

Gospel: Mark 8:34-38; 9:1 (pg. 141)

Epistle Reader: Arlene Staich

Prophora: Tony Kostas (*sponsored by Helen Christopoulos*)

Coffee Hour Set-Up: Carolyn Crossley & Elaine Wade

Coffee Hour Hostesses: Linda Bhatia, Mary Pruitt, Stella Schiewe

Parish Council: Tony Kostas, Patrick Santy, Alex Goumas

Memorials: Ioan Damean, 40 days; Christoforos Tsiboukas, 1 year

Organ Selections: *Collection:* Souvenir (J. Sibelius) *Dismissal:* Chanson sans Paroles (J. Sibelius)

Altar Boys Team: Two

Next Week's Team: Three

Parish Schedule for the Week March 11, 2018

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Sunday, March 11 (Daylight Savings began at 2AM)	Orthros Divine Liturgy Sunday School Adult Orthodox Catechism (Fotion Fellowship Hall) GOBL Away Game (v. Assumption)	9:00 AM 10:00 AM 11:00 AM 11:00 AM 2:00 AM
Monday, March 12	Compline & Confessions	7:00 PM
Tuesday, March 13	Senior Citizens Meeting Philoptochos Meeting (Fotion Fellowship Hall) YAL Basketball Practice	11:00 AM 7:00 PM 7:00 PM
Wednesday, March 14	Pre-Sanctified Liturgy & Confessions Bible Study & Pot-Luck (Fotion Fellowship Hall) Daughters & AHEPA Meeting (FFH) Boys Basketball Practice	10:00 AM 11:00 AM 6:30 PM 7:00 PM
Thursday, March 15	Girls Basketball Practice	7:00 PM
Friday, March 16	Pre-sanctified Liturgy & Confessions Budding Angels Fellowship (Caras Education Center 105) Greek Language School 4 th Salutations Service	10:00 AM 11:00 AM 4:00 PM 7:00 PM
Saturday, March 17	Greek Language School	9:30 AM

Resurrection Hymn (Tone Seven): Κατέλυσας τῷ Σταυρῷ σου

O Lord, by Your sacred Cross You abolished death, and granted unto the thief blessed paradise. The Myrrh-bearers ceased lamenting and turned to joy. The Apostles did preach the Good News at Your command, that You had risen from the dead O Christ our God, bestowing Your mercy upon the world evermore

Apolytikion for the Veneration of the Holy Cross (Tone One - Ἦχος α'):

Save, O Lord, save Your people and bless Your inheritance. Give victory to those who battle evil, and protect us all by Your Holy Cross. (Σῶσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς Βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.)

Book your Lenten confession without delay:

Lent and confession go hand in hand. Fr. Michael will hear confessions (by appointment only) after services on Monday evenings and Wednesday & Friday mornings. To book your appointment please call the church office.

Fasting... YES! Fainting... NO!! Let our Physicians Ministry help protect you from the rigors of the Fast:

Our Saint Katherine's Physicians Ministry has prepared a very helpful pamphlet on safe fasting practices. Please visit the brochure rack and avail yourself to the great information presented in this "safe fasting" publication.

Who knew good stewards also got preferential parking?

Congratulations to Mary and Joseph LaRicca! They are the winners of the Parking Space Raffle for March! Our 252 stewards who pledged in January are all eligible for the raffle each month; but don't let that stop you if you haven't pledged yet! The rewards of knowing you are in good standing should be equal incentive! If you haven't pledged yet, please turn in your pledge card this month. We still have quite a ways to go to meet our 2018 Stewardship goal of \$510,000. We can't do it without you!

Adult Religious Education – Join us in the Fotion Fellowship Hall and learn about your Orthodox Faith:

Starting today after Holy Communion, Demetrios Wilson will begin offering a weekly Adult Catechism/Orthodox Theology class (during the Sunday School hour). All are welcome to attend; especially those preparing for baptism/chrisamation into the Holy Orthodox Church. Bible Study will also be resuming Wednesday (3/14) immediately after Presanctified Liturgy. We will pick up with Old Testament history and the study of the prophets of the Southern Kingdom. Please bring a vegan dish we can all enjoy at our weekly Lenten Potluck.

GOBL Away Game TODAY!

Our teams would much appreciate your support while they are "on the road". If you can, mosey on down to the Assumption campus in Long Beach to cheer our teams on. It's never easy being the "visitors".

St. Katherine Foundation 2018 Scholarship packets still available in the church office:

Please give yourself enough time to meet the *April 11* deadline (*5PM sharp!*) Awards ceremony will be on May 20.

Greek Independence Day and Annunciation Luncheon & Program – Sunday, March 25:

The Greek Language Program invites you to a delicious luncheon and spirited program in honor of this "double feast" for the Greek nation. A fish or pasta meal will be offered. \$25 for adults and \$10 for children ages 6 and older. To reserve your seats contact Maria Polson at GreekSchool.StKatherine@gmail.com, or Mary Pruitt at pruitt@usc.edu.

Palm Sunday Luncheon coming up soon – be sure to RSVP as prices will go up after March 25:

Palm Sunday is just around the corner (April 1). Reserve your seats soon for this beloved event. Fish Plaki(\$20) or pasta(\$10) meals will be served. Turn in your paid reservations as soon as possible.

Seniors Meeting – This Tuesday, March 13 – All are welcome to join us for fun, fellowship and information:

It will be fun and games after our short meeting... try your luck at several calls of BINGO! Dr. Jim Dimitriou will inform us about current events in Greece. Being the Lenten season, our chef Chris Loukatos will prepare for us a delicious Lenten meal. Bring a prospective member and lunch will be "on us" for both you and your guest.

Hiking the Holy Mountain: Tales of Monks & Miracles on the Trails of Mt. Athos – Book Signing 3/24:

Join author John McKinney (son of Helen Gekas) as he retells his experiences hiking the Holy Mountain. The talk will be held on Saturday, March 24 from 1-3PM at Sandpiper Books (4665 Torrance Blvd, at Anza).

St. Sophia's Annual Greek Easter Picnic – Sunday April 8 from 1-7PM at Pasadena's Brookside Park:

Celebrate Pascha in the great outdoors, meet up with old friends, enjoy fabulous food & desserts, live Greek music, dancing & activities for the kids. Adults \$10, children 16 & under free. Plenty of free parking too!

Sponsored Coffee Hour – May their memory be eternal:

Today's coffee hour is sponsored in loving memory of Christoforos Tsiboukas and Ioan Damean by their families.